



Newsletter

Jul – Dec 2017

Welcome to the second newsletter of 2017, we hope you find it useful and interesting. We try to include articles from different community groups not just stuff about The Hall. If you would like an article included or would like to advertise please get in touch via info@thehall.org.uk or by calling 01726 858657.

NOT TO BE MISSED...

SONG & SCONE AFTERNOON TEA

Friday 14th July 2–4pm

BIOBLITZ

Saturday 29th July 10am

TREVERBYN SHOW

Saturday 12th August

FOOD FORAGING

Monday 14th August & 7th October

AUTUMN BINGO

Saturday 2nd September

AN EVENING OF MUSIC & FOOD

Saturday 23rd September 6pm

HALLOWEEN DISCO

Sunday 22nd October

CHRISTMAS FAYRE

Saturday 4th November

EXETER TRIP

Saturday 18th November

GREAT TREVERBYN BAKE OFF

Sunday 26th November

CHRISTMAS BINGO

Saturday 2nd December

CHRISTMAS PARTY

Friday 22nd December

Front cover : Going Dotty

The new piece of community art now installed in the main hall. A huge thanks to the 20 people that helped with the making of it.

LOOKING FOR A VENUE?

The Hall at Treverbyn is available for private functions too. It costs £15 per hour or £50 for 4 hours. The smaller, cosier rooms upstairs are suitable for a wide variety of functions. The Cafe is also able to offer a variety of menus to suit your function.

For more information or to check availability please contact The Hall on 01726 858657 or email info@thehall.org.uk



FABULOUS FETE

A huge thank you to all who helped make The Hall's May Fete the success that it was. Hundreds of people came along to enjoy the afternoon, helping to raise almost £1500 for The Hall. This money will help towards the cost of running the hall and with the much needed replacement of the main hall floor.

£5 LUNCH

On the third Monday of each month 'The J team' (Jenny & Joy) get to work cooking up a tasty meal for local people to enjoy.

Doors open at 12, with lunch served at 12.30. The meal is a bargain at just £5 for two courses and refreshments. Vegetarian and diabetic diets can be catered for too. Simply pop into The Hall to book your seats.

17th July, 21st August, 18th September, 16th October, 20th November, 18th December (Christmas Dinner) and 15th January 2018

MONTHLY BRUNCH

Wednesday lunchtime special at the Cafe. Every month local super cooks, run our cafe. Offering a variety of combinations of bacon, egg, sausage and trimmings as baps or breakfasts.

Open from **12–2pm** with healthier options available too. No need to book, but when it's gone it's gone, so be sure to get in quick!

5th July, 2nd August, 6th September, 4th October, 1st November, 6th December and 7th Feb 2018.

TREVERBYN VILLAGES SHOW

This year's 2017 Treverbyn Villages Show takes place on August 12th. Staging takes place from 8–11am and is open for public viewing and prize giving from 2–5pm, admission is 50p, children and exhibitors get in for free.

There are ninety categories to choose between, from photography to baking and flowers to handicrafts there really is something for everyone, with special categories for young people too. Entries cost 30p /adult , 10p/ child. It's lots of fun and really shows the range of talent we have in our community.

To enter pop into The Hall to pick up an entry form, sort out your entries and then come along on the day to see who has won what.



NEWS FROM ST PETER'S CHURCH

Anji Screech, Church Warden

It was a great day for St. Peter's on April 27th this year when Father Paul Arthur was installed as our 'new' Parish Priest. Fr. Paul continues to be Parish Priest at St Dennis, where he lives and also has responsibility for Roche, so he will be much in demand! Of course, those of you with longish memories will remember Father Paul as he was vicar here earlier in the century!

At St Peter's we had a wonderful Easter tide and are now looking forward to our St Peter's Day celebrations. Do come and join us on Saturday July 1st at 6pm in The Hall, for an evening of fun and food, and a pint or two it is rumoured. This will be followed by a Mass for St Peter on Sunday July 2nd.

In September we shall be co-hosting the Folk Evening on 23rd and this year we will be having our Harvest Evensong and Supper on Sunday October 1st.

Dates for Your Diary:

Thursday 2nd November 7pm

A Service for All Souls Day gives us a chance to remember all our loved ones who have died.

Saturday 2nd December 10am

Christmas Coffee Morning

Sunday 17th December 4pm

Carol Service

Christmas Eve

Christingle at 4pm & Midnight Mass at 11.30

Please do come and join us.

Contact Numbers

Parish Priest : Fr Paul Arthur 01726 822317

Churchwardens : Rod Phillips 01726 850128 & Ann Hore 01726 851750

YOGA

Yoga, is an amazing tool to learn. Great for strength and flexibility within the body, it calms the mind through breath and relaxation. Local Yoga teacher Jen Scott runs a weekly class at The Hall every **Tuesday at 8pm**, here's what regulars Rob & Vicky had to say, 'We both want different things from our yoga class and Jen never fails to deliver this for us, her classes are always fun and relaxed and we have seen a real improvement in ourselves.'

TREVERBYN COMMUNITY LIBRARY

Open Monday - Friday 9am - 5pm

Did you know about the micro library at Treverbyn Community Hall? It is part of the Cornwall Library Service and has shelves of fabulous books for all ages.

PENWITHICK COMMUNITY HALL

David Pollard, Chair

Fundraising for our defibrillator appeal is now well under way. We invite everyone in our community to join in with the fundraising effort. "Every little helps" and you can help in any way that you are able to do. Every slice of encouragement or every penny raised is that little closer to our goal, so your effort is important. The defibrillator will cost approximately £3000 and will be for the benefit of everyone in our community. No one can know when it will be needed or by whom, but this equipment is in use all over Cornwall and does save lives. Penwithick, our community, deserves a defibrillator too doesn't it?

Please help by buying a raffle ticket or perhaps donating a raffle prize or goods for us to sell. We have heard a great idea from someone proposing a coffee morning at their home with friends to raise funds. This is yet another way you can help either by arranging something similar or by supporting a friend at their event. Or perhaps you have another idea – let your ideas flow.

Auctioneer Bob Bosisto will be running an auction at Penwithick Community Hall in September to raise some funds for the above appeal. We are asking for items to be donated for this auction, so if you are having a sort out consider giving to this worthy cause. The exact date will be confirmed shortly, during September is our intention. Unfortunately we haven't any storage to take goods until closer to the time, although we could take some small items for our table sales. Perhaps you would like to join in and sell some of your unwanted goods and donate the money. Goods must be legal and safe, please.

You may not wish to be reminded of Christmas just yet; however we are making plans for our annual Christmas event. We would love to hear from our community of any ideas you may have to give it some buzz that everyone can enjoy. Perhaps you would like to be involved in the organising, we want it to be a community event so go on get involved, set yourself a challenge and fulfil it. We look forward to hearing from you.

The hall is a community facility for the use of us all; if we don't use it we could lose it so please support its use when ever you are able. Don't forget Penwithick has two rooms of different size for hire at reasonable rates for a range of uses. Bar facilities can usually be made available courtesy of the social club. Please do get in touch with your requirements to discuss how we may be able to help. Contact Chris West: Booking clerk 01726 850142.

If you are a facebook user like our facebook page, Penwithick Community Hall, to keep an eye open for updates on our activities,. Do please share them with your friends or get in touch. Or contact us via email communityoneclub@outlook.com

THE VILLAGE GREEN

Amanda Ellis, Community Green Space volunteer

The Village Green Project is an amazing project for the local residents to get their teeth into. It all started last year when five acres of land was gifted to The Hall for the benefit of the community. At the beginning of this year four meetings took place at which residents were invited along to share their ideas for what they wanted to see happen with this land.

Nik Elvy of Miss Elvy's Curious School of the Wild hosted a forest school session and gave some excellent feedback that will also help shape the area. It may look like little is happening, but there is lots of planning going on right now as to where to put accessible paths, seating and more trees. Improving access, gateways and diversity are all considerations. Quotes will be got and funding applied for in the hope that, come winter, we can really start to improve access to the space. We have already applied to the Woodland trust for 450 trees bearing edible fruit, if successful this will create a hedgerow along the end that borders Wesley Close.

Sadly flytipping continues to be an issue. This is an offence and can carry fines of up to £20,000. It can be dangerous to people using the space and harmful to our environment too. If you observe anyone flytipping or come across flytipped waste, this **includes garden waste**, please report it to Cornwall Council as soon as possible.

If you would like to get involved please contact The Hall on 01726 858657, email info@thehall.org.uk or visit the group's facebook page, Community Village Green, to keep posted on upcoming dates.





GOING DOTTY

The Going Dotty community art project has now been completed and proudly hangs in the main hall at Treverbyn. Each of the 7,611 circles represents a person in the Parish and each one was cut out by hand. We are told that it was therapeutic! 20 people helped cut, stitch and install the work of art but none of it would have been possible without the co-ordination and gentle guidance of Carla Wentink. Thank you to everyone who helped, but especially to Carla, it looks really quite stunning. If you've not seen it yet be sure to come into the hall, enjoy a cuppa from the cafe and pick out your own circle!

More sewing and craft workshops are planned for the autumn & winter months and Carla will be back.

BOOK, BAKE & TABLE TOP SALES

Friday July 21st & September 22nd 1.30–4.30pm

Treverbyn Community Hall is holding two great book, bake & table top sales to help raise funds towards The Hall's running costs. Tables are £5, please call 01726 858657 to book yours. Entry is free so please come along and support your local hall on the day.

AN EVENING OF MUSIC AND FOOD

Saturday 23rd September from 6pm

This year's annual music event welcomes folk duo HowdenJones to Stenalees as part of their 2017 tour. HowdenJones are a musical duo with 15 years experience of writing, recording and performing their own songs and tunes, gathering stories and sharing their experiences along the way. Using acoustic instruments and exploring folk, blues, and contemporary music styles, they specialise in playing at village halls, community meeting rooms, and churches. Both multi-instrumentalists, Kate Howden and Paul Jones write all their own material, sing and, between them, play guitar, mandolin, fiddle, banjo, ukulele and bodhran. It promises to be a great night.

Pre-performance drinks in The Hall at 6pm, music in St Peters Church (the acoustics are perfect) from 7pm and then back to The Hall for a buffet supper, more refreshments and general merriment.

Tickets available from The Hall at £6 per person which includes buffet supper. All funds raised shared with St Peter's Church and The Hall's floor fundraiser.

BIO BLITZ

29th JULY

10am – 1pm

Join us for the annual Bug Hunt of Treverbyn and Stenalees. Last year there were over 400 species identified. This year there will be experts from Cornwall Wildlife Trust available to help identify and log data and volunteers from The Hall to guide and advise. We will meet at The Hall for a briefing at 10am when you can collect your DIY guide to nature surveying. Refreshments available from our Cafe and a free lunch provided for all those who take part. What more could you want? This year we will pay special attention to the Village Green, this means we will know what is living on the land and will help to ensure we protect it whilst regenerating the land for the benefit of the local community.

THE GREAT TREVERBYN BAKE OFF

On **Sunday 26th November** The Great Treverbyn Bake Off is back and if last year's entries are anything to go by, judging this year will be really hard. This year we have new categories and new recipes so it promises to be bigger and better than before! Entry forms will be available from 1st September, so if you would like to enter please contact The Hall on 01726 858657 or by email info@thehall.org.uk and we will send you one nearer the time.



INFORMED...are you?

What do you know about some of the 'bigger' picture challenges that will face us in the coming years? Climate Change, Resource Depletion, Poverty, Terrorism, Food Security and Energy Security are just some of the issues that have a real impact on our day to day lives. Finding out the facts and being aware of the challenges is a step towards being able to do something about it. The Hall hosts films, talks and discussions around matters that affect us all, enabling ordinary people to better understand and help tackle them.

Saturdays	7–9pm (ish)
October 14th	Plastic Ocean
November 25th	The Future of Fish
January 20th	Water

Open to everyone, although some content may not be suitable for younger people please check with The Hall. Free entry, although donations are welcome.

VEG BOXES FOR TREVERBYN

Chloe Bines

An exciting new link is being made with a local start up business, The Real Food Garden. Based near Victoria and run by local ladies, the Real Food Garden is a market garden supplying fresh, chemical-free vegetables and veg boxes locally.

We've teamed up with The Real Food Garden and you can now order and collect your box from the Hall on a Monday afternoon. The veg boxes come in 3 different sizes to suit everyone: small (£8), medium (£12) and large (£16). Each box contains a lovely selection of seasonal, local veg and a fresh salad bag.

To order your box simply pop into the hall by the Friday prior with payment and then come in anytime on Monday afternoon from 1-5pm to collect it.



PRODUCE MARKET

Local food producer Paula Rooney is trying to organise a monthly village market to take place at Treverbyn Community Hall. So if you are a local producer and would be interested in having a stall please get in touch with Paula on 07936 674518 or paularoooney1@sky.com. Once there are enough people registered it will go ahead. Follow or like the facebook page Treverbyn Village Produce Market to keep updated on progress and to show your support for this.

HALLOWEEN DISCO

This year Dominic and Darrell are running a series of fundraising discos and have chosen The Hall to host a Halloween Disco. It's on **Sunday 22nd October from 6-9.30pm**. There will be spooky treats from the cafe and a fundraising bar too, so come along and enjoy a night out with the family and help raise money for your local charity. All funds raised will go towards the floor renovation project. A great family night out for just £3 per person, payable on the door.

CHRISTMAS FAYRE

It's never too early to think about Christmas and what better way to get into the festive spirit than with a Christmas Fayre. Join us at The Hall on the **4th November from 10.30am -3pm**. There will be cards, treats, gifts and sweets on sale to help fill those stockings for everyone, even our four legged friends. It's free entry for all, with The Cafe selling delicious cakes and treats too. Be sure to visit The Hall's own stall where we will be raising money for our floor appeal. If you would like a stall at the Fayre please email info@thehall.org.uk.

EXETER TRIP

Once again we are planning a festive coach trip to Exeter on **Saturday 18th November**. Departing from The Hall at 9am, leaving Exeter at 5pm, you'll have plenty of time to enjoy the shops and the Christmas market. Thanks to Roselyon coaches we have been able to keep the ticket cost to £10 per person. Spaces are limited so be sure to book your seats soon.

CHRISTMAS PARTY

Wow what a year it's been, we've had a flood, a Fete and an Eggcellent Easter Make. From great bakes to village green and even a poo bin to keep the village clean and we have worked with some amazing people and organisations to make our community what it is today. So what better reason to celebrate with all, than coming together for some festive fun. From **6pm on Friday 22nd December** everyone is invited to come along and enjoy some festive cheer, take part in our community secret santa, try your hand at a crafty activity and enjoy some carol singing. A free night of fun for all, although there will be a festive fundraising bar to help with the cheer.

BUSINESS AT THE HALL

Whether you need space for staff training, board meetings or for interviews, The Hall can offer a variety of spaces from £4/ hour.

For information contact reception on 01726 858657 or email info@thehall.org.uk to talk about your organisations requirements.

SONG & SCONE

AFTERNOON TEA

On Friday 14th July from 2-4pm The Hall will be hosting a super lovely afternoon tea with delicious homemade scones and some gentle song. No need to book, simply come along on the day.

CAFE MENU

DRINKS

POT OF TEA	£1.00	EXPRESSO	£1.00
SPECIALITY TEA	£1.20	LATTE	£1.50
MUG OF TEA	80p	CAPPUCINO	£1.50
HOT CHOCOLATE / MILKSHAKE	£1.20	MUG OF INSTANT COFFEE	80p
WITH THE WORKS	£1.50	CANS	70p
CAPRI SUN	60p	GLASS OF MILK	70p

HOT FOOD

SOUP LUNCH	£2.50
TERESA'S PASTY	£2.50
EGG & BACON PIE	£2.00

TOASTIES

BACON & TOMATO	£2.50
CHEESE & ONION	£2.50

CAKE

VICTORIA SPONGE	£1.00
CHOCOLATE BROWNIE	£1.00
LEMON DRIZZLE	£1.00
CARROT CAKE	£1.00
CHOC CHIP COOKIE	50p

TUCK

A variety of crisps, sweets and snacks are available, these are priced individually.

TAKE AWAYS

Everything served in The Cafe is available as a take out. If you call ahead on 01726 858657 we'll have your order ready for you to collect, please allow up to 1 hour to prepare your order. Whole cakes and half baked frozen pasties are also available for special occasions.

JACKET POTATO

CHEESE / BEANS	£2.50
CHILLI / SALSA	£3.00
TUNA & SWEETCORN	£3.00
CURRY	£3.00

CHIPS	£1.00
CHEESY CHIPS	£1.50
CHEESY CHIPS &	£1.80
CHILLI SAUCE	
CHICKEN NUGGETS	£1.50

SOUP **£2.50**

All of our soups are made on the premises, the type varies from week to week depending on what veg is in and what has been donated.

Please see the soup menu for this week's special.



SPECIAL SUNDAYS

A series of half day workshops are being run by people who love what they make and would like to share their skills with you. Running from 10.30am – 2.30pm once a month it costs just £12 per person or £16 including lunch, all materials are provided, no experience necessary, suitable for ages 8–108. Spaces are limited so be sure to book to avoid disappointment.

Feltmaking with Tamsin Dearing	Sunday 10th September
Bag Making with Carla Wentink	Sunday 22nd October
Papercraft with Sue Cowan	Sunday 19th November
Christmas Make with Gary Marshall	Sunday 3rd December
Cake Decorating with Sarah Caust	Sunday 21st January

YOUTH CLUB STARTS

Treverbyn Youth Club, aimed at ages 12–17, will be reopening in October and run by a qualified youth worker from Young People Cornwall. At £1 per person it will provide 'something to do' every **Sunday evening from 6–8.30pm**. Volunteers are needed to support the youth worker and also to help run the cafe whilst the club is open. DBS checks would be required and any necessary training would be provided, please contact Louise at The Hall on 01726 858657 or volunteer@thehall.org.uk for more information. It costs £100 per session to provide this service and at the time of writing there is enough money to run the sessions until the end of January, but the team are applying for further funding, so hopefully this group can continue well into the future.

STAY AND PLAY

The weekly parent toddler group which runs on Wednesdays from 10–12 at The Hall has had a new lease of life with two new sessions planned each month.

Messy Mites, run by art teacher Gary Marshall (also of The Red Hand Gang fame), runs on the **first Wednesday** of each month. Messy play clothes essential, be prepared to get painty, gooey & gluey!

Forest Tots, run by Miss Elvy's Curious School of The Wild, will be running an outdoor play session on the **third Wednesday** of each month – dress for the weather!

These fun sessions are full of learning play, led by people who are brilliant at what they do and are great value at £3 per child, including snack.

On the weeks when these sessions aren't happening we enjoy freeplay sessions with toys, craft, tuft tray fun and group play. A chance for little folk and their grown ups to play together and make friends for just £1 per child, including snack.

TEEN STREET DANCE

Run by performer and dancer Kate Osbrink, this weekly street dance class for young people aged 13–17 starts on the 15th September. Taking place **every Friday night from 7.30–8.30pm** and costs £3 per person per session, all abilities are welcome from complete beginners to advanced.

TREVERBYN PARISH COUNCIL

David Stevens, Clerk

Summer is drifting along but life continues at a very hectic pace with the Parish Council. During the past few months we have been involved in elections for both County Council and Parish Council on May 4th, followed by a hastily arranged General Election on June 8th. The County Council election brought a new councillor for the Bugle/ Luxulyan Ward, Sally-Ann Saunders. From our work with Sally as a Parish Councillor we know she will be a caring, dedicated and excellent representative for the area. Matthew Luke was also re-elected to the Penwithick/ Bethel ward. We are very fortunate that both Sally and Matt will also remain on the Parish Council. In the Parish election we have a new member Max Shand but still have a couple of vacancies. If anyone is interested in becoming a councillor, it would be a good experience if they attend some meetings of Council prior to applying.

Hopefully you will have noticed that the Parish Council has been very busy installing a number of notice boards (made by engineering students at St Austell College) dog poo bins and general maintenance of seats and property throughout the Parish.

The Neighbourhood Plan Steering Group continues the prolonged procedure to get this document approved which will benefit the community. We are still looking for added input from members of the Parish. If you are consulted at an event by our representatives, please tell us what you want your area to be like over the next twenty years.

The Council continues to consult with various agencies on the traffic issues of Bugle, Carthew and Stenalees which won't be fully-resolved even with the proposed new link to the A30 via Roche. We are also debating with Cornwall Council on the ongoing flooding problems at Trethewel play area.

It would be appreciated that if anyone wishes to raise any issues on parish matters they either attend a Parish Council meeting or contact the Parish Clerk, David Stevens on 01726 851001 or e-mail treverbynpcouncil@gmail.com. Keep an eye on our website at www.treverbyn-pc.co.uk for up to date info on all Parish news.

Forthcoming meetings:

July 11th Planning	July 25th Council (Penwithick Community Hall)
August 8th Planning	August 29th Council (Bugle Village Hall)
Sept 12th Planning	Sept 26th (Stenalees Chapel)
Oct 10th Planning	Oct 24th
Nov 14th Planning	Nov 28th
Dec 12th .	

All meetings, unless otherwise indicated, are held at Rockhill Business Park starting at 7.00pm.

What's on?

LEISURE & LEARNING

COMMUNITY LIBRARY

Every weekday 9am – 5pm

Come along and choose a book from our micro library, stocked through the Cornwall Library Service.

CHA CHA & CHAT

£5

Tuesdays 10–11.30am

This fun dance class combines dance of all types with good company, chat and lots of laughter. Suitable for beginners and beyond.

DOG TRAINING & RINGCRAFT

Thursdays 7:15 – 9pm

This is the perfect session for turning the problem pooch into a perfect one! Contact Barbara on 01726 68726

IT CLUB

£4

Every Friday from 10am – 12noon

This fun, social and informative group will help you get the best from your IT equipment.

FOOD FORAGING MONDAY 14th AUGUST & SATURDAY 7th OCTOBER

From 10am – 12 noon

A highly informative walk and talk with local foraging expert Emma Gunn. Learn a little about the wide variety of edibles that we walk past on a daily basis. All ages welcome although best suited to ages 8+. Bring a note book and a camera to help record Emma's top tips. Call 01726 858657 or email info@thehall.org.uk to book your spaces. £5/adult, £2.50 / child

ART CLUB

£20 /month

Every Friday from 6–8.30pm

This fun session is suitable for all abilities, 2 tutored and 2–3 peer led sessions each month. Ages 7–70+, price includes materials & refreshments. Booking essential.

COMMUNITY GARDENING

First Sunday monthly 10–12 noon

Join this merry band of people and help out in our small but perfectly-formed community garden. No experience necessary. FREE

CHRISTMAS FAYRE

Saturday 4th November

10:30am – 3pm. The place to start your Christmas shopping. Free entry, contact info@thehall.org.uk or call 01726 858657 to book a stall.

GREAT TREVERBYN BAKE OFF

Sunday 26th November

Judging 12pm, Public tasting 1.30pm
A fun baking competition for all ages to enjoy – both making and eating!

EXETER COACH TRIP

Saturday 18th November

Departs Treverbyn 9am

£10 per seat, book soon to avoid disappointment.

CHRISTMAS PARTY

Friday 22nd December 6pm

An evening of fun for the whole family to celebrate the end of term and our wonderful community. FREE entry.

What's on?

COMMUNITY EVENTS

BIG BRUNCH

**Wednesday 2nd August, 6th September
4th October, 1st November,
6th December, 7th February 2018
12-2pm**

Come and enjoy delicious 'All Day' breakfast or any combination of baps, cooked to order using tasty local produce.

Get there early before it sells out!

£5 LUNCH

12 for 12:30pm

**Monday 17th July, 21st August, 18th
September, 16th October, 20th
November, 18th December.**

A delicious two course meal with tea or coffee refreshments, good company and a social event. All ages welcome, children's meal half price.

Please purchase your ticket from the hall by the Friday prior so that the correct quantities can be ordered.

BIOBLITZ

Saturday 29th July 10am – 1pm

Take part in our annual nature survey. Lunch provided. FREE

AN EVENING OF MUSIC AND DANCE

Join us for an evening of great music from folk duo HowdenJones, delicious homecooked food and fantastic company on **Saturday 23rd September at 6pm** pre show drinks and 7pm music in the church. Tickets £6, include a buffet supper, available from reception at The Hall.

HALLOWEEN DISCO

Sunday 22nd October 6 – 9.30pm

An evening of spooky fun with disco entertainment, tasty treats and a fundraising bar too. Everyone welcome, £3 per person on the door, fancy dress optional.

BOOK, BAKE & TABLE TOP SALE

Fridays 21st Jul & 22nd Sept

1.30 – 4.30pm

Please contact The Hall on 01726 858657 or email info@thehall.org.uk to book a table.

TREVERBYN VILLAGES SHOW

Saturday 12th August 2-5pm

Have you got your entry form yet? Pick one up from The Hall

PRIZE BINGO

Autumn Prize Bingo Sept 2nd

Doors open 1.30pm, eyes down 2pm

Christmas Prize Bingo Dec 2nd

Doors open 2pm, eyes down 2.30pm
It's just 50p a game and great fun for all the family, refreshments and tasty treats are served up in the Cafe too.

ORGANISING A CHARITY EVENT?

Treverbyn Community Hall is able to provide the hall for free for one event a month. If you would like to organise an event to raise money for a charity or community group please get in touch, we'd love to help.

What's on?

LITTLE & YOUNG PEOPLE

STAY & PLAY

PARENT & TODDLER GROUP

Wednesdays 10 – 12

£1 – 3 per child

This fun and friendly group is full of toys, activities, games & songs to help keep little minds and bodies active whilst giving you a chance to make new friends.

Messy Mites is on the **first wednesday** monthly, led by art teacher Gary Marshall-Stevens.

Forest Tots is on the **third Wednesday** monthly, led by forest school practitioner, Nik Elvy

AUGUST HOLIDAY ACTIVITIES

Tuesday 10am – 1pm

Miss Elvy's Curious School of the Wild £5 per child

A morning of outdoor exploration for 5–14 year olds with the lovely Nik Elvy

Wednesdays

Red Hand Gang

9am–4pm 4+ years £25

10–12 under 4s £3

Brilliant, inspired, messy and creative are just a few words to describe these sessions. Messy play clothes essential.

Thursday Club 10.30am – 12.30pm

3rd Cooking Pizzas

10th Community Rounders

17th Making Bread

24th Community Rounders

31st Make Savoury Pancakes

£2 per child.

Call 01726 858657 or email info@thehall.org.uk to book.

RED HAND GANG

Fridays 4 – 6pm (starts Sept 8th)

This youth club is for fun loving, active children aged 4–14 years, with a strong focus on art and creative play. £3 for first child, £2 for siblings. A great way to run off pent up in-school energy and set them up for a great weekend ahead.

MISS ELVY'S CURIOUS SCHOOL OF THE WILD

Every Tuesday 3.30–5.30pm

Starts September 12th

For ages 4–11, an afterschool forest school group that really gives children the space to grow.

£3 per child

Third Wednesday of each month

Starts July 19th

12.30 – 3.30pm for 7–17 years olds

If you home ed your child then this is a great opportunity for them to explore and adventure in the great outdoors.

£4.50 per child.

YOUTH CLUB

Sundays 6–8.30pm £1 per person

Treverbyn Youth Club is re-opening for the winter on **Sunday 1st October**. Volunteers are needed to help in the cafe and to support the youth worker. Please contact The Hall if you can help.

TEEN STREET DANCE

Fridays 7.30–8.30pm £3 per person

Starts September 15th

An hour of Street Dance with Kate Osbrink just for people aged 13–17. Call 01726 858657 to book.

What's on?

HEALTH & WELLBEING

TREVERBYN TROTTERS £2

Mondays 6–7pm

This social walk, jog, run group will appeal to anyone who enjoys exercising outdoors. Call Sarah on 07842 779921 for more info.

DANCE

Mondays 4–8.30pm

A variety of ballet, tap and modern dance classes for all ages. For info call Maureen on 01726 843043 or visit www.maureenpascoesod.co.uk

DAY TIME TAI CHI*

Tuesdays 11.30 – 12.30pm

Suitable for all abilities. This gentle session helps with mobility, balance, health and well being.

KETTLEBELLS £5

Tuesdays 5.30 – 6.15pm

Get fitter, feel better! This energetic class led by Sarah Cowburn, is fun AND good for you. £5/session
Call 07842 779921 for info

BOXERCSE VS BOOTCAMP £5

Tuesdays 6:30 – 7.30pm

Contact Sarah on 07842 779921 for more information.

YOGA £6

Tuesdays 8–9pm

All levels welcome, the lovely Jen Scott will give you a yoga workout that makes you feel good.
Call Jen on 01726 852429 for info

DANCE

Wednesdays 4–7.30pm

A variety of ballet, tap and modern dance classes for all ages. For info call Maureen on 01726 843043.

TAI CHI*

Wednesdays 7.30–8.30pm

A relaxing, gentle work out that helps health, well being and both physical and mental balance.

KEEP FIT *

Thursdays 9.30 – 10.30

Fun, friendly fitness suitable for beginners and older people alike.

CIRCUITS FOR ALL £5

Thursdays 5.45 – 6.45pm

Great way to start getting fitter and then stay fit. Fun exercise at a pace that suits you. Call 07842 779921 for info

80'S DANCE FIT*

Fridays 9.30–10.30am

Starts 8th September

Get physical with Kate Osbrink at this totally awesome dance fitness workout that will get you fit 80s style.

CAPOFIT*

9.30–10.30am

A capoeira inspired fitness session for ages 7+. Saturdays Sept 9th, Oct 7th and Nov 11th.

***£5 per session or £18 for 4 sessions**

Try the first session for FREE, so why not come and give it a go? For more info or to book please call The Hall on 01726 858657.

Annual General Meeting



October 9th 2017

7.30pm

Have your say on how your Treverbyn Community Hall and The Village Green are run. Please come along to share your thoughts, nominate and vote for trustees and help celebrate our community's achievements.

The legal bit takes about 20 minutes, this will be followed by refreshments and socialising. All ages welcome

For information on becoming a trustee contact volunteer@thehall.org.uk or call Sara on 01726 858657.

ART CLUB

The Art Club at The Hall is open to anyone aged 6–60+, (under 10's need to be accompanied by a paying adult). Each month a different skill is explored and learnt through two tutored sessions and two or three peerled practice sessions. The cost is £20 for the whole month, materials provided during the tutored sessions.

SEPTEMBER

OCTOBER

NOVEMBER

DECEMBER

JANUARY

Introduction to Watercolours

Charcoal & Chalk

Exploring Drawing

Felted Christmas Decorations

Pastels

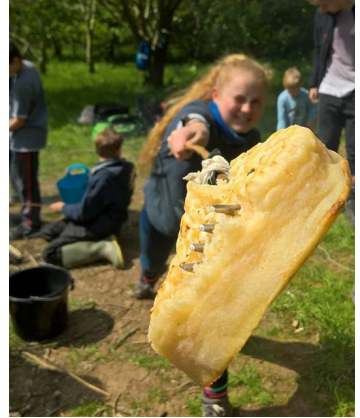
AUGUST HOLIDAY FUN

This year in August we have teamed up with some brilliant people to make sure there are fantastic happenings at The Hall over the summer holidays. Booking is essential as spaces are limited, but it's always worth a last minute call to see we can squeeze you in.

MISS ELVY'S CURIOUS SCHOOL OF THE WILD

EVERY TUESDAY 10AM - 1PM

Great outdoor play, exploring and adventuring for ages 5 - 16, whatever the weather. It could be wellies or sunscreen, or even both - who knows what August will bring! £5 / child, includes campfire lunch. Contact 01726 858657 or email info@thehall.org.uk to book your spaces.



RED HAND GANG

EVERY WEDNESDAY

AGE 4- 16 9am-4pm £25

UNDER 5'S 10-12 £3

(must be accompanied by adult)

A day of brilliantly-inspired active and creative play for ages 5-16 or a shorter morning session for under 5s.

Contact Gary on 07805 922 459 or email info@trhg.uk to book your space

PLAY & PICNIC IN THE PARK

EVERY THURSDAY 10.30 - 12.30pm

3rd August Cooking Pizzas
10th August Community Rounders
17th August Making Bread
24th August Community Rounders
31st August Making Savoury Pancakes

£2 per child,

adults free (when accompanied by a child!)



VOLUNTEER TREASURER NEEDED

Trevor Hawkins, Chair of Trustees

The Hall has become a fun, vibrant and active place. This simply could not happen without the fantastic people who volunteer their time. They are too numerous to name here, but they know who they are and they should be very proud of what they are a part of.

Our current Treasurer has decided it is time to hang up her hat and so we are now looking for someone equally special to steer us through the years ahead. With an annual turnover of £100k, a team of 50 staff and volunteers, we need someone with strong financial management or business development experience to help ensure the charity's success.

If you are looking for a rewarding role in a dynamic team and can spare 6-8 hours a month we would love to hear from you. Please contact Sara on 01726 858657 or sara@thehall.org.uk for an informal chat or more information.

THE HALL

Treverbyn Road, Stenalees, St Austell. PL26 8TL

Tel: 01726 858657

email: info@thehall.org.uk

**Follow us on facebook search for
Treverbyn Community Hall**

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