

THE  
NURTURED  
MOTHERS  
CLUB



*pregnancy & postnatal  
support*

# Hypnobirthing Group Course

Join our Oct Group  
Hypnobirthing Course to get  
fully informed, confident and  
excited about birth

**DON'T FEAR BIRTH, PREPARE FOR IT**



Dates:

Oct 14th - 7pm - 9pm

& Oct 24th - 9.45am - 2pm

at Treverbyn Hall, St Austell

**EARLY BIRD OFFER**

1/3 off usual price until  
3rd Oct

**now**

**£152**

normally £227

Get in touch to find out more  
[www.thenurturedmothersclub.co.uk](http://www.thenurturedmothersclub.co.uk)  
email

[charlotte@thenurturedmothersclub.co.uk](mailto:charlotte@thenurturedmothersclub.co.uk)

